

# Summer Yoga Series with Gabby

*a certified yoga instructor*



**Gentle flow & meditation focused on grounding and relaxation**  
(all levels welcome, no previous experience necessary!)

**Sundays @ 11:00 - 12:00**

**July 3rd, July 24th, August 21st, September 11th**

***\*Donations to the pool appreciated\****

***Classes are limited to pool members and day visitors***

*Hikes are limited to pool members and day visitors*

*Pool address: 180 Snake Den Rd,  
Ringwood NJ, 07456*